## COURSE MEASUREMENT REPORT

| Name of Event: | Lokmat Nagpur MahaMarathon 2020 |
| :---: | :---: |
| Advertised Road Distance : | $3 \mathrm{~km}, 5 \mathrm{~km}, 10 \mathrm{~km}$ \& Half-Marathon (21.0975 km) |
| Race Date : | $2^{\text {nd }}$ February 2020 |
| Race Director : | Mr.Sanjay Patil |
| Address: | c/o Lokmat Media Pvt. Ltd. <br> Lokmat Bhavan, Lokmat Square, <br> Pandit Jawaharlal Nehru Road, <br> Ramdaspeth, Nagpur - 440010 |
| Phone : | +91-9823144128 |
| Name of Measurement : team leader | Anirudha Athani |
| Address : | Flat No.10, Rushiraj Presidency Apts, D'Souza Colony, Nashik - 422005, Maharashtra, India |
| Phone: | +91-9822069872 |
| Location of Start : | Opp University, Mahatma Gandhi Road (Amravati Road), Nagpur |
| Location of Finish: | Same as Start |
| Type of Terrain: | Tar Road \& Concrete Road. Mostly flat with one hill. |
| Type of Course : | 3k, 5k \& 10k = Out \& Back <br> HM = Out and back (Petal Formation) |
| Altitude : <br> (in Metres above Sea Level) | 317 m at Start/Finish |
| Distance between Start : and Finish | NIL |



Signed
Date : 29/01/2020

## SUMMARY OF MEASUREMENTS

Dates of Measurement : $26^{\text {th }}$ January 2019

How many measurements of the course were made : 2
Name of Measurer : Anirudha Athani

How much of the road width is available to the runners throughout the length of the road race course?

Left carriageway (in the OUT direction) is available for the entire length of the course for onward and returning runners.
One section of the $5 / 10 / \mathrm{HM}$ route viz. High court road does not have road divider. Likewise the Seminary hills road on the HM route. On these sections the left half of the road in the OUT direction is to be used by the runners.

If the route at turns cannot be described as the 'shortest possible route', explain what restrictions will apply, and how these would be enforced.

Route at turns is the shortest possible route.
Length of the course after any adjustment : Not less than $3 \mathrm{~km}, 5 \mathrm{~km}, 10 \mathrm{~km}$ \& 21.0975 km .
Which measurement was used to establish the final course length and why?

The initial measurements were used to establish the final course length after the appropriate adjustment.

## OVERVIEW OF THE MEASUREMENT PROCEDURE :

The course is measured using a calibrated bicycle fitted with a Jones Counter. The basis of the measurement is to compare the number of revolutions of the bicycle wheel (recorded in counts) neded to cover the race course with the number of revolutions needed to cover a standard 'calibration course' of known length.

The following steps were followed :

1. The team visited the University and discussed various alternatives for the start line location such as University ground, Internal road, etc and finally decided on the Main Road opp University.
2. A tentative Race course was defined after discussions with race director and the local management team.
3. Route recce was done by car on the tentative route, and it was found to have road works in progress in the Futala lake area.
4. An alternative route was discussed and once again route recce was done in the car. This route was found to be suitable.
5. For the calibration course the start point itself was found eminently suitable, being flat and straight.
6. The bicycle was calibrated on the calibration course late at night after peak traffic had subsided.
7. The measurement was started from the start point and bicycle was ridden on the entire half marathon route.
8. Tentative turn-around points were marked for each distance.
9. Post-calibration of the bicycle was done on the calibration course. There was a slight difference between the working constant and the Finish Constant, so the average of the two was considered as 'Constant for the Day'
10. Adjustment was done for the tentative U-turn points and final u-turn points were marked along with distances from fixed points of reference such as lamp posts and trees on the road.
11. The measurement was documented.

## DETAILS OF THE CALIBRATION COURSE

1. Name of Event: Lokmat Nagpur MahaMarathon 2020
2. City/Town : Nagpur, Maharashtra State, India
3. Location of Calibration Course:

Flat and Straight section of Mahatma Gandhi Road (Amravati Road) between University and Law College Chowk.
4. Length of Calibration Course: 300 m
5. Dates Measured : $21^{\text {st }}$ January 2020
6. Method used to measure calibration course: Steel Tape
7. How many times did you measure the calibration course: 2
8. Measurement team Leader : Anirudha Athani
9. Address of Team Leader : Nashik, Maharashtra, India
10. Phone Number of Team Leader : +91-9822069872
11. Email Address of team leader: athani@live.com
12. List name and Duties of Team Members:
i. Mr. Avinash Patrange $>$ General Assistance and
ii. Mr. Sanjay Dhawande $\quad$ Marking the points with Spray paint
iii. Mr. Anil Katwale. (Driver)
13. Is the Calibration course straight : Yes.
14. How are the start and finish points marked : Steel Nails \& Paint
15. Are the start and finish points located in a road where the bicycle wheel can touch them or elsewhere :

Yes. The start/finish points are located on the straght road where bicycle wheel can touch them.
16. Bicycle check : This is a check against miscounting the number of tape lengths. (in case you use a gross measurement check other than a bicycle, please explain). Checked using GPS watch
A. Counts for full calibration course: 300m
B. Counts for one tape length : 50m
C. Divide A by B

D Number of full tape lengths: 6
17. Submit a map of this calibration course, showing direction of north, the name of the road, (and relavant cross streets), and the exact location of the start and finish points, including taped distances from the nearby permanent locations.

## Map location of Calibration Course



Calibration Start Point


Calibration End Point


## STEEL TAPING DATA SHEET <br> For measuring a calibration course

Name of Calibration Course : Amravati Road, Between University and Law College Square
City/Town and State : Nagpur, Maharashtra, INDIA
Date : $21^{\text {st }}$ January 2020

Start Time : 0015 hours
Finish Time : 0100 hours
Pavement Temperature : $\quad$ Start $17^{\circ} \mathrm{C}$
Finish $17^{\circ} \mathrm{C}$

## Measurements and Calculations

1. First Measurement :This establishes tentative start and finish marks which should not be changed until the final adjustment on line 6 below

| 6 | $\times 50 \mathrm{~m}$ | +0 | $=$ | 300 m |
| :--- | :--- | :--- | :--- | :--- |
| \# tape | distance per | partial |  | measured tape |
| lengths | tape length | tape lengths | lengths |  |

2. Second Measurement : This checks the measurement to the finish pont using a 50 cm offset from the start point.

| 5 | $\times 50 \mathrm{~m}$ | +49.5 | $=$ | 249.5 m |
| :--- | :--- | :--- | :--- | :--- |
| \# tape | distance per | partial |  | measured tape |
| lengths | tape length | tape lengths |  | lengths |

3. Average raw (Uncorrected) measurement of the course $=300 \mathrm{~m}$
4. Temperature correction :

$$
\begin{aligned}
\text { Correction factor } & =1.0000000+(0.0000116 \times[\text { Celsius Temperature }-20]) \\
& =1.0000000+(0.0000116 \times[17-20]) \\
& =0.9999652
\end{aligned}
$$

5. Multiply the temperature correction factor with the average raw measurement of the course

| 0.9999652 | $x \quad 300 \mathrm{~m}$ | $=299.98956 \mathrm{~m}$ |
| :--- | :--- | ---: |
| correction factor | average raw measurement | corrected measurement |

Final (adjusted) length of the calibration course $=299.99304 \mathrm{~m}$

Name of Event : Lokmat Nagpur MahaMarathon 2020

Date of Measurement : 21 ${ }^{\text {st }}$ January 2020
Name of Measurer : Anirudha Athani

Length of Calibration Course : 299.98956 m
PRE CALIBRATION - Ride the Calibration Course four times, recording data as follows :

| Ride | Start Count | Finish Count | Difference |
| :--- | :--- | :--- | :--- |
| 1 | 242400 | 245569 | 3169 |
| 2 | 245569 | 248738 | 3169 |
| 3 | 248738 | 251907 | 3169 |
| 4 | 251907 | 255076 | 3169 |

Time of the Day: 0100 on $21^{\text {st January }} 2020$
Temperature: $17^{\circ} \mathrm{C}$

WORKING CONSTANT = number of counts in one kilometre calculated from the pre measurement average count, and multiplied by 1.001 .

Pre measurement Average count $=(3169+3169+3169+3169) / 4=3169$
Counts/km = Pre measurement average count x 1000/length of calibration course
= $3169 \times 1000 / 299.98956$
= 10563.701

Working Constant = counts per km $\times 1.001$
$=10563.701 \times 1.001$
$=10574.2647$

POST CALIBRATION - Ride the Calibration Course four times, recording data as follows :

| Ride | Start Count | Finish Count | Difference |
| :--- | :--- | :--- | :--- |
| 1 | 486131 | 489301 | 3170 |
| 2 | 489301 | 492471 | 3170 |
| 3 | 492471 | 495641 | 3170 |
| 4 | 495641 | 488881 | 3170 |

Time of the Day: 0430 on $21^{\text {st January } 2020}$
Temperature: $14^{\circ} \mathrm{C}$
FINISH CONSTANT = number of counts in one kilometre calculated from the Post-measurement average count, and multiplied by 1.001

Post-measurement Average count $=(3170+3170+3170+3170) / 4=3170$
$\begin{aligned} \text { Counts/km } & =\text { Pre measurement average count } \times 1000 / \text { length of calibration course } \\ & =3170 \times 1000 / 299.98956 \\ & =10567.0344\end{aligned}$

Finish Constant $\quad=$ counts per $\mathrm{km} \times 1.001$
$=10567.0344 \times 1.001$
= 10577.6014

CONSTANT FOR THE DAY = The average of the working constant and the finish constant $=(10574.2647+10577.6014) / 2$
= 10575.9331 per km

## COURSE MEASUREMENT DATA SHEET

Name of the Event : Lokmat Nagpur MahaMarathon 2020

Name of Measurer : Anirudha Athani

Date of Measurement : 21 ${ }^{\text {st }}$ January 2020

Start Time : 0100 Temperature : $17^{\circ} \mathrm{C}$

Finish Time : 0430
Temperature : $14^{\circ} \mathrm{C}$

Constant for the day : 10615.8512

## DESCRIPTION OF THE ROUTE:

1. Start line for all distance categories is located on Amravati Road opp Indian Overseas Bank Regional Office.
2. All the Participants will start running towards Law College Square on the left carriageway (in the direction of the traffic) and take left turn at Law College Square on West High Court Road.
3. 3k will runners take U-turn opp Commissioner of Police Bunglow and return to start point on the same carriageway.
4. 5 k and 10 k runners will take right at Padmashri Mohd Rafi Chowk signal. HM runners continue running towards Japanese Garden.
5. At Japanese Garden chowk the HM runners will continue running on Seminary Hills Road on left lane upto 6 km mark near Air Force station and take u-turn. They will return to Padmashri Mohd Rafi chowk in the same lane and take left turn, joining the $5 \mathrm{k} / 10 \mathrm{k}$ runners.
6. 5k/10k/21k runners will run opp High court towards East High Court Road and take right turn, on the left carriageway of East High Court Road towards Deekshabhooomi.
7. $5 \mathrm{k} / 10 \mathrm{k}$ \& HM runners will take U-turn at their respective U-Turn points and return back to the race Start point on the same carriageway.

## MEASUREMENT DATA:

## A. HALF-MARATHON \& 10K ROUTE

| Location | Counter Reading | Cumulative Counts | Distance from start in metres | Adjustment in metres |
| :---: | :---: | :---: | :---: | :---: |
| START opp Pragyan classes/ Indian Overseas Bank, Opp University on Amravati Road | 261500 | 0 | 0 |  |
| Amravati Road, near Law College Square | 263615 | 2115 | 199.98235 |  |
| Opp Jawahar Vidyarthi Gruha, West High Court Road | 266788 | 5288 | 500.00316 |  |
| Opp Divisional Railway Manager Bunglow, West High Court Road | 272074 | 10574 | 999.81722 |  |
| Tentative U-turn point for 3 km . Opp Commissioner of Police Bunglow, West High Court Road | 277632 | 15861 | 1499.72583 | Adjusted U-turn point outwards by 0.27418 m |
| Padmashree Rafi Chowk Signal, West High Court (South) Turn off point for 5 k \& 10k runners) | 278966 | 17466 | 1651.48548 |  |
| Padmashree Rafi Chowk Signal, West High Court Road (North) | 279368 | 17868 | 1689.49631 |  |
| Japanese Garden Signal, Centre of the Road | 282649 | 21149 | 1999.72899 |  |
| Opp Centre Point School, Seminary Hills Road | 293223 | 31723 | 2999.54621 |  |
| Opp Transit Treatment Centre, Vana Vibhag Nagpur, Seminary Hills Road | 303797 | 42297 | 3999.36342 |  |
| Passport Office Chowk, Seminary Hills Road | 314371 | 52871 | 4999.18064 |  |
| U-Turn Point Opp Mama Bhanja Maggi Centre, Near Airforce Head Quarters, Seminary Hills Road | 324946 | 63446 | 5999.09241 | Adjusted u-turn point outwards by 0.90759 m to make it 6000 m . So all further points get adjusted by 1.81518 m |
| Padmashree Rafi Chowk Signal, West High Court | 370506 | 109006 | $\begin{aligned} & 10306.98653 \\ & +1.81518 \\ & \hline \end{aligned}$ |  |
| Vibhageeya Ayukta Karyalay, East High Court Road | 377817 | 116317 | $\begin{aligned} & 10998.27305 \\ & +1.81518 \end{aligned}$ |  |
| Opp Transformer, after Bhole | 388391 | 126891 | 11998.09027 |  |


| Petrol Pump, East High Court Road |  |  | +1.81518 |  |
| :--- | :--- | :--- | :--- | :--- |
| Transformer/Red Distribution Box <br> Opp Central Mall, East High Court <br> Road | 398965 | 137465 | 12997.90748 <br> +1.81518 |  |
| Opp Dr.Ambedkar Smarak, <br> Deekshabhoomi. | 409540 | 148040 | 13997.81926 |  |
| Neeri T-point | 419530 | 158030 | 14942.41676 <br>  <br> Padmashri Mohd Rafi Chowk Signal | 468639 |
| Adjusted inwards by |  |  |  |  |
| Finish Line Opp University, | 207139 | 19585.88411 <br> $+1.81518-$ |  |  |
| Amravati Road | 486131 | 224631 | 144.1432  |  |

## B. 5KM \& 10 KM

| Location | Counter <br> Reading | Cumulative <br> Counts | Distance from start <br> in metres | Adjustment in <br> metres |
| :--- | :--- | :--- | :--- | :--- |
| Padmashree Rafi Chowk Signal, <br> West High Court | 370506 | 0 | $1651.48548+0$ |  |
| Opp GST Bhawan, East High Court <br> Road | 374189 | 3683 | $1651.48548+$ <br> 348.24350 |  |
| Tentative U-turn point for 5 km. <br> Opp Anil Deshmukh Resi/ Yes Bank, <br> East High Court Road. | 379476 | 8970 | $1651.48548+848.1$ <br> 5211 | Adjusted outwards <br> by $0.36241 m$ |
| Opp Civil Defense College, East <br> High Court Road | 384763 | 14257 | $1651.48548+1348$. <br> 06072 |  |
| Opp Traffic Park, East High Court <br> Road | 395338 | 24832 | $1651.48548+2347$. | 97249 |
| Tentative U-Turn for 10 km. <br> Before Metro Bhavan, Kachepura, <br> East High Court Road | 405912 | 35406 | $1651.48548+3347$. | Adjusted outwards <br> by |

## C. RETURN DIRECTION 10K U-TURN POINT TO FINISH LINE

| Tentative U-Turn for 10 km. | 433258 | 0 | 0 | Return Direction |
| :--- | :--- | :--- | :--- | :--- |
| Before Metro Bhavan, Kachepura, |  |  |  |  |
| East High Court Road | 486131 | 52873 | 4999.39957 |  |
| Finish Line Opp University, |  |  |  |  |
| Amravati Road |  |  |  |  |

1. $\mathbf{3 k m}$ course:

Desired Length of Course : 3000.000 m
Length of Course as measured :
A. Start Point to U-turn point $: 1499.72583 \mathrm{~m}$
B. U-turn point to finish $: 1499.72583 \mathrm{~m}$

Length of course as measured : : 2999.45166 m
Note any adjustments made to the course after measurement : 0.27418 m outwards Final Length of course $=3000.00002 \mathrm{~m}$

## 2. 5 km Course :

Desired Length of Course : 5000.000 m
Length of Course as measured :
A. Start Point to U-turn point $: 2499.63759 \mathrm{~m}$
B. U-turn point to finish $: 2499.63759 \mathrm{~m}$

Length of course as measured : $\quad: 4999.27518 \mathrm{~m}$
Note any adjustments made to the course after measurement : 0.36241 m OUTWARDS
Final Length of course $=5000.0000 \mathrm{~m}$

## 3. 10km Course:

Desired Length of Course : 10000.000 m
A. Start Point to Padmashri Mohd Rafi Chowk turn-off : 1651.48548 m
B. Padmashri Mohd Rafi Chowk Turn-off to U-Turn Point $: 3347.8971 \mathrm{~m}$
C. U-Turn Point to Finish Line in Return Direction : 4999.36975 m

Total Length of the course as measured $: 9998.75233 \mathrm{~m}$

Note any adjustments made to the course after measurement : 0.62384 m

Final length of course : 10000.0000 m

## 4. Half Marathon Course:

Desired Length of course : 21097.500 m

Length of the course as measured : 21239.82800 m

Note any adjustments made to the course after measurement :
a. Adjusted u-turn point outwards by 0.90759 m to make it 6000 m . So distance increases by
1.81518 m
b. Adjusted Neeri t-point u-turn point by inwards by 72.0716 m. So distance reduces by 144.1432 m
Final length of course : 21097.5 m

## LOCATION OF START/FINISH LINE

In front of Pragyaan classes board/Indian Overseas Bank Opp University, Left Carriageway travelling towards Law College Square on Mahatma Gandhi Road (Amravati Road).






## 3 km \& Half-Marathon Route Markers

| Distance | Location |
| :---: | :---: |
| Start Point | Opp Pragyan classes/ Indian Overseas Bank, Opp University on Amravati Road |
| 1 km | Opp Divisional Railway Manager Bunglow, West High Court Road |
| $\begin{aligned} & 1.5 \mathrm{~km} \text { (U-Turn } \\ & \text { Point for } 3 \mathrm{~km} \text { ) } \end{aligned}$ | Opp Commissioner of Police Bunglow, West High Court Road |
| 2 km | Japanese Garden Signal, Centre of the Road |
| 3 km | Opp Centre Point School, Seminary Hills Road |
| 4 km | Opp Transit Treatment Centre, Vana Vibhag Nagpur, Seminary Hills Road |
| 5 km | Passport Office Chowk, Seminary Hills Road |
| $\begin{aligned} & 6 \mathrm{~km}\left(1^{\text {st }} \mathrm{U}\right. \text {-turn pt } \\ & \text { for } \mathrm{HM}) \end{aligned}$ | Opp Mama Bhanja Maggi Centre, Near Airforce Head Quarters, Seminary Hills Road |
| 7 km | Passport Office Chowk, Seminary Hills Road |
| 8 km | Opp Transit Treatment Centre, Vana Vibhag Nagpur, Seminary Hills Road |
| 9 km | Opp Centre Point School, Seminary Hills Road |
| 10 km | Japanese Garden Signal, Centre of the Road |
| 11 km | Vibhageeya Ayukta Karyalay, East High Court Road |
| 12 km | Opp Transformer, after Bhole Petrol Pump, East High Court Road |
| 13 km | Transformer/Red Distribution Box Opp Central Mall, East High Court Road |
| 14 km | Opp Dr.Ambedkar Smarak, Deekshabhoomi. |
| $\begin{aligned} & 14.870 \mathrm{~km}\left(2^{\mathrm{nd}} \mathrm{U}-\right. \\ & \text { turn pt for } \mathrm{HM}) \end{aligned}$ | Near Neeri Colony Gate, East High Court Road |
| 15 km | Near Neeri Colony Board, East High Court Road |
| 16 km | Opp Metro Bhavan Gate, East High Court Road |
| 17 km | Opp International Hostel Funded by ICAR, East High Court Road |
| 18 km | Opp Vasantrao Naik Agri Ext Mgmt Trg Institute, East High Court Road |
| 19 km | Opp. Office of the Accountant General (A\&E) II, East High Court Road |
| 20 km | Opp Ladies Club, West High Court Road |
| 1 km to go | Opp Divisional Railway Manager Bunglow, West High Court Road |
| 500 m to go | Opp Jawahar Vidyarthi Gruha, West High Court Road |
| 200 m to go | Amravati Road, near Law College Square |
| Finish | Opp Pragyan classes/ Indian Overseas Bank, Opp University on Amravati Road |

## 5 km \& 10 km Route Markers

| Distance | Location |
| :--- | :--- |
| Start Point | Opp Pragyan classes/ Indian Overseas Bank, Opp University on Amravati Road |
| 1 km | Opp Divisional Railway Manager Bunglow, West High Court Road |
| 2 km | Opp GST Bhavan, East High Court Road |
| 2.5 km (U-turn for | Opp Anil Deshmukh Residence / Yes Bank, East High Court Road |
| 5 km ) |  |
| 3 km (for 10 km ) | Opp Civil Defense College, East High Court Road |
| 4 km (for 10 km ) | Opp Traffic Park, East High Court Road |
| 5 km (U-turn for | Before Metro Office, Kachepura, East High Court Road |
| 10 km ) |  |
| 6 km (for 10 km ) | Opp Traffic Park, East High Court Road |
| 7 km (for 10 km ) | Opp Civil Defense College, East High Court Road |
| 8 km for $10 \mathrm{~km} /$ | Opp GST Bhavan, East High Court Road |
| 3 km for 5 km |  |
| 1 km to go | Opp Divisional Railway Manager Bunglow, West High Court Road |
| 500 m to go | Opp Jawahar Vidyarthi Gruha, West High Court Road |
| 200 m to go | Amravati Road, near Law College Square |
| Finish | Opp Pragyan classes/ Indian Overseas Bank, Opp University on Amravati Road |

PHOTOGRAPHS

U-TURN FOR 3 KM


U-TURN FOR 5 KM


U-TURN FOR 10 KM


U-TURN FOR HM NEAR AIRFORCE HQ


U-TURN NEAR NEERI GATE FOR HM


